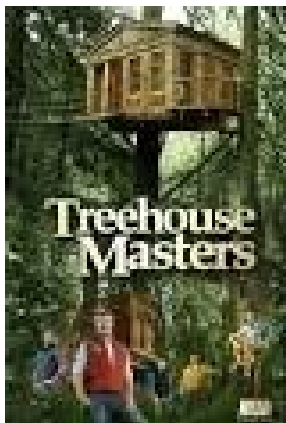


EXTRA WORK

Treehouse Masters

I have wanted to practise listening for English extra work because is the most difficult part of the subject of English for me and I watched in Discovery Channel only in English Treehouse Masters TV show (Mi casa en un árbol). Generally, I understood quite well what they said in the episode although the American English accent is very closed. When they spoke slowly I understood everything very well but sometimes when they spoke very fast the understanding of phrases was more difficult for me.

Anyway, I'm satisfied because I could understand many things like that Pete Nelson, designer and builder of tree houses, was in Nashville to build a country house style for a customers. Also I understood that before to start the building of the tree house he visited a gallery or museum where there were a lot of objects of country singers and so he get/obtain an idea of how design, build and decorate the tree house. After that, Pete Nelson explained that instead of built stairs to arrive to the tree house as usually always he does, this time he was going to built a bridge. Also he said that he was going to make a doghouse and a bed for the customers using an old whisky barrel. Finally, I understood very well what the owners said of the tree house when they saw it. They were very excited and they commented that it was a perfect place in the nature to connect with the beauty and with the peace. They loved their new tree house.



18-11-15

EXTRA WORK

With Or Without You - U2

I heard the song *With Or Without You* by U2 to reinforce my listening and my understanding. In general, I understood quite well the song (that it talks about love) because it's quite slow and it isn't very difficult. First I heard the song twice and after I read the lyric in English and I searched in the dictionary the words that I didn't understand (thorn, twist, sleight and fate). After I heard again the song to understand it better. Then the comprehension of the song it was more easy for me. The song talks about a man that he can't live with his girlfriend but neither without her and he also suffers for this love. Finally I was satisfied because I was improving my listening and my understanding of English and also I was learning new vocabulary.



27-01-16

Extra writing

Are you for or against using animals for medical research?

At the moment, it is legal using animals for medical research, although there are arguments both for and against this practice.

One of the arguments for using animals for medical research is that some animals are similar to humans. In addition, scientists could use them to discover new treatments and cure illnesses. This practice could help to the development of the science.

On the other hand, there are arguments against using animals for medical research because a lot of animals die in these experiments. Also, some

people say that we shouldn't allow medical experiments because animals suffer a lot and scientists might try to find other methods/ways or other solutions for medical developments.

All in all, I am not in favour of using animals for medical research because I love them and I disagree with their suffering. I believe that scientists should have other alternatives for medical researches or scientific investigations.

This extra writing has been useful for me to practise for the test and to remember the writing guide, vocabulary, expressions, verbs and key phrases that I should use.

27-01-16

Extra writing

A healthy lifestyle / Ways of preventing stress / Points of health plan

It is a good idea for a healthy lifestyle that we practice some sport or work out in a gym at least three or four times a week because it is very important to reduce stress and for our body. Also, it would be healthy practice yoga or meditation to relaxing, We shouldn't smoke or drink alcohol because it is a bad habit for our health (they aren't good ideas). Give up smoking is a good health plan. Other ideas for a stress-free lifestyle are take up a hobby, walk the dog, listen music, read a book...

On the other hand, exercise relaxes our body and our brain. Also, we could follow a healthy diet (for example: mediterranean diet) and we should try to avoid junk food. Laughing with friends and be positive are other effective ways of preventing stress and live better.

In addition, it is a good idea to have a healthy lifestyle that we sleep at least eight hours daily/every day. I think it is necessary turn off our TV and computer more often to be more relaxed.

All in all, we might live better if we have a good alimentation and we drink between one and two liters of water per day. It would be desirable/convenient for us enjoy nature and get away of the noisy places.

In conclusion, I reckon that we'll be able to improve our quality of life and we will be more happier if we follow all these advices.

This extra writing has been useful for me to practise for the test and to remember the writing guide, vocabulary, expressions, verbs and key phrases that I should use.

27-01-16

Extra writing

Are you for or against tobacco?

At the moment, tobacco is legal but there are arguments both for and against of it.

One of the arguments for smoking is that the State obtains a lot of money of smokers. In addition, people smoke because it is a relax for their stress and they enjoy smoking.

On the other hand, I'm not in favour of tobacco/cigarettes because is unhealthy for our body (lungs, blood, heart...). People mustn't smoke and should practice more exercise instead smoke. It is a bad habit and it causes health problems and more stress.

In addition, tobacco and nicotine are dangerous for our brain because they destroy our neurons and smokers feel more tired. I believe/think that give up smoking and take up a hobby are a good health plan. Also, we could practice yoga or meditation to don't think in this vice.

Other good ideas to give up smoking and take a relax would be enjoy nature, walk the dog, listen music... We might follow a treatment or therapy with a doctor if we can't give up smoking.

All in all, I reckon that we'll be able to improve our quality of life and be more happier if we follow all this advices.

This extra writing has been useful for me to practise for the test and to remember the writing guide, vocabulary, expressions, verbs and key phrases that I should use.

17-02-16

The Middle

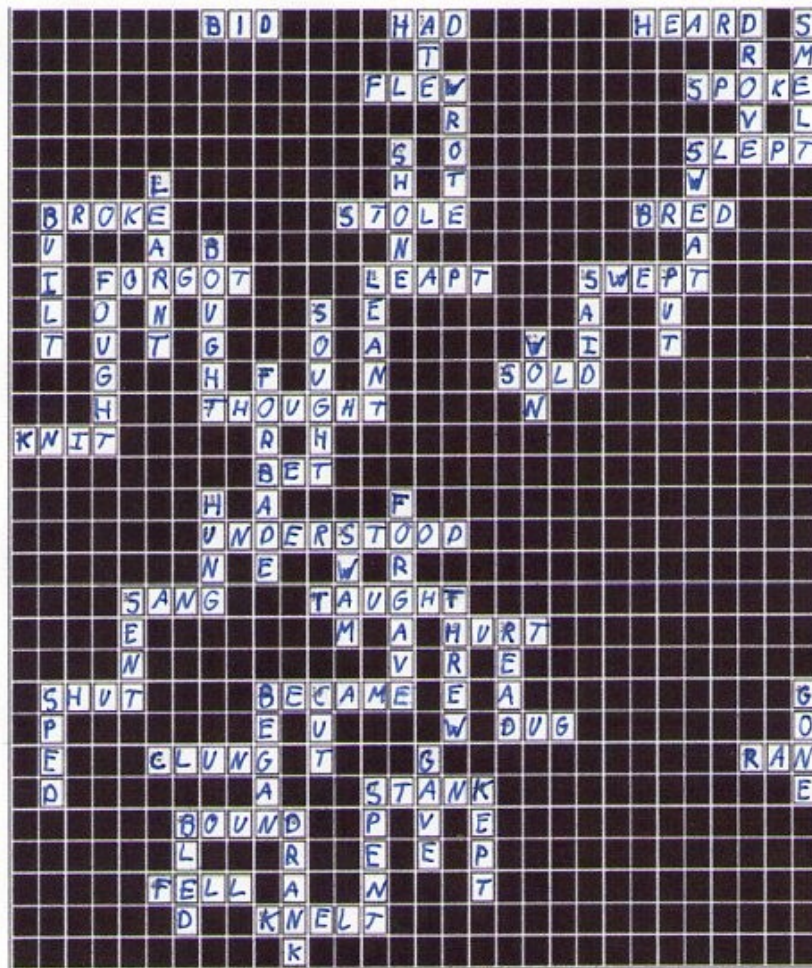
I watched this TV series in English with Spanish subtitles about a little mad family because is very funny and also to practise my understanding and my listening.

I understood quite well the argument and learned new vocabulary and expressions.

In this episode I understood that Frankie, the mother's family who works in a business of used cars, filled a car with a lot of candies to attract buyers. But when she opened the car to the sons of potential buyers collected them, all the candies were melted and sticked by the sun's heat.



CROSSWORD OF IRREGULAR VERBS



Across:

- | | |
|----------------------|--------------------------|
| 1. Bid: licitar | 26. Knit: teixir |
| 2. Have: tenir | 27. Bet: apostar |
| 4. Hear: escoltar | 30. Understand: entendre |
| 7. Fly: volar | 32. Sing: cantar |
| 9. Speak: parlar | 33. Teach: ensenyar |
| 11. Sleep: dormir | 35. Hurt: ferir |
| 13. Break: trencar | 37. Shut: tancar |
| 14. Steal: robar | 38. Become: convertir-se |
| 15. Breed: criar | 41. Dig: cavar |
| 17. Forget: oblidar | 42. Cling: agarrar-se |
| 18. Leap: saltar | 44. Run: córrer |
| 19. Sweep: escombrar | 45. Stink: fer pudor |
| 24. Sell: vendre | 47. Bind: lligar |
| 25. Think: pensar | 49. Fall: caure |
| | 50. Kneel: agenollar-se |

Down:

- | | |
|------------------------------|------------------------------|
| 3. Eat: menjar | 28. Hang: penjar |
| 5. Drive: conduir | 29. Forgive: perdonar |
| 6. Smell: olorar | 31. Swim: nedar |
| 8. Write: escriure | 32. Send: enviar |
| 10. Shine: brillar | 34. Throw: llençar |
| 11. Sweat: suor | 36. Read: llegir |
| 12. Learn: aprendre | 37. Speed: accelerar |
| 13. Build: construir | 38. Begin: començar |
| 16. Buy: comprar | 39. Cut: tallar |
| 17. Fight: lluitar | 40. Go: anar |
| 18. Lean: recolçar-se | 43. Give: donar |
| 19. Say: dir | 45. Spend: gastar |
| 20. Put: posar | 46. Keep: mantenir |
| 21. Seek: buscar | 47. Bleed: sagnar |
| 22. Win: guanyar | 48. Drink: beure |
| 23. Forbid: prohibir | |

I have completed this crossword with irregular verbs to reinforce and practise them. Moreover, I have learnt new irregular verbs and their mean that I didn't know them. Also, this crossword has been useful for me to check the verbs and to my entertainment.

18-05-16

Extra Translation

Comments

I have translated with the dictionary some words of the writing titled *Dominica the Hidden Gem of the Caribbean* that Ishita Dhiman sent me from Dominica for my English Project. I wanted to understand the complete sense of this nice writing and the vocabulary was a little difficult for me. Now I can understand completely the meaning of this writing.

I translated with a dictionary the following words:

alluring: atractiu/va
lush: exhuberant
forested: boscoses
slopes: vessants
etched: grabat, esculpit

tumbling: que cauen, caient
proudly: orgullosament
upholds: sostenir, mantenir, defendre
denizen: adolescent
haven: refugi
willing: disposat/a
acquainted: conegut/da

I have understand that Dominica is a very beautiful place in the Caribbean. There are a gorgeous landscapes (with waterfalls, rivers, black sandy beaches, hills, forested slopes...), where you can relax or go there in a stressful day, and a friendly people who always are willing to help you. I would like visit this place because it looks as a paradise.